



Yorkshire of Edina

...because the journey matters

Our Mission is to enrich the lives of those we serve.

Newsletter.....June 2018

O Remember to sign up in the outing book at the front desk to reserve your spot on the bus. Space is limited to first come, first serve.

U You will notice that after each outing it will say, "On Your Own", or "Group". This is to inform you of what kind of outing it will be.

T "On Your Own" outings are not supervised by staff. The Yorkshire bus will drop you off and pick you up at the designated time. In order to attend "On Your Own" outings the resident and equipment must be properly secured to the bus and resident must be free from transfer and escort services.

I "Group" outings are designed for us to stay together and Residents needing additional assistance will have staff available to assist them during the outing.

- N**
- G** 6/1 Target Shuttle – On Your Own
Depart Yorkshire at 11:30am or 12:30pm
- 6/4 Don Modeen’s Funeral – Group 9am
- 6/10 Centennial Lakes Boat Show – Group 11am
You may bring a bag lunch or request one from the kitchen to take with.
- 6/15 Cub Foods Shuttle – On Your Own
Depart Yorkshire at 11:30am or 12:30pm
- 6/20 Bob Hellerud’s Funer
- 6/29 Lunch at Snuffy’s – Group 11am
- S**



Special Entertainers

- June 9th Piano Music with Rachel over the dinner hour
- June 15th Piano Music with Bill
- June 24th Piano Music with Lillie
- June 29th Guitar Music with Bill

Special Events

- June 18th Beer Tasting
- June 19th Cooking Demo

Cooking Demo

This months focus will be on Healthy Choices including Fat intake and Low Sodium diets.

Garden Club



A Special Thanks to our Garden Club for shopping for and planting our flowers on the Courtyard Patio. They look beautiful and are being well cared for.

Creativity at Yorkshire



Wellness Update:

With summer finally here we will be starting a new program encouraging us to get more exercise in our day through walking club, group exercise, exercise equipment use, and on our own exercise.

Walk Across America

We will be putting our minutes of exercise together to “walk” to different destinations and when we reach our goal we will have a celebration of that destination which may include food, decorations, travel videos...of that location.

At the end of each week, turn in your independent minutes of exercise to Community Life or to the basket at the front desk marked “Walk Across America”. The minutes will be added together and tracked on a map on the wall outside of the Wellness Center. Any exercise/walking that you do with CL will be recorded by staff.



Spring Fling



A Special Thanks to **Bluebirds and Blooms** for their donation of flowers and to Bill Fischer for playing the piano.

Resident Council Update:

This is an open meeting for Residents of Yorkshire to hear an update from each department and give Residents a change to voice any questions they might have.

June 11th at 2pm in the Community Room.

A copy of the last meeting Minutes can be found in the mail room.

Chaplin's Corner

Bible Study – Tuesdays 1pm

Worship – Wednesday 1pm

Catholic Rosary/Communion

– Wednesday 10:30